

Sacred Heart Parish Weekly Newsletter.

A CAFOD *livesimply* accredited parish

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The Parish operates in accordance with Statutory Safeguarding Guidance and the National and Archdioceses policies & procedures at all times. Our Parish Safeguarding Representatives are Kevin Baker and Celine McCrea. They can be contacted at: sg.sacredheart.covty@rcaob.org.uk or alternatively the Diocesan Safeguarding team can be contacted on 0121 230 6240 safeguarding@rcaob.org.uk if you have any concern.

Parish Livestream:

YouTube: <https://www.youtube.com/channel/UCNXaa0PR2IIDQExUXhzN2lg>

Facebook: <https://www.facebook.com/Sacred-Heart-Catholic-Church-Coventry-736420386480785/>

Dear Parishioners,

I had a very enjoyable retreat at Oscott – and I have brought you back a gift! It's both stapled to this newsletter and emailed out as a third page- so if you've received the newsletter by MailChimp, scroll down to page three. **Please read these inspiring quotes.**

First Holy Communion preparation for children in Year 3 and above who are NOT in a Catholic school.

Please see Catherine, or email her at: caspas397@aol.com

You must register TODAY Sunday 21st January. the course starts on 27th January.

God Bless,

Fr. Tony.

21 st January, 2024 3 rd Sunday in Ordinary Time (B) Parish Mass Book p57	
Saturday 5.00pm	Sr. Anne Miller FMM, R.I.P. (Meditation Group)
Sunday 10.30am	For all the people of the Parish
Monday 9.00am	Mary Byrne, R.I.P. (Marie, John and Dermot)
Tuesday 9.00am 6.00pm	Bridie O'Brien, R.I.P. (Kitty O'Sullivan and Evelyn O'Toole) Reception of Bridget Philomena Spencer's body into Church
Wednesday 1.30pm 5.45pm 6.30pm After Mass	St Francis de Sales, Bishop. Requiem Bridget Philomena Spencer Exposition of the Blessed Sacrament Special Intention (George and Family) Scriptural Rosary for Families.
Thursday 9.00am 6.00pm	Feast of the Conversion of St. Paul Eunan MacIntyre, R.I.P. (Celine McCrea) Reception of Philomena Moore's body into Church
Friday 10.00am	Saints Timothy and Titus, Bishops. Requiem Philomena Moore
Saturday 8.15am 9.00am	Exposition of the Blessed Sacrament Bridie O'Brien, R.I.P. (Ann and Paul O'Brien.)
Confessions	Saturday 9.30am – 10.00am and 4.30pm – 4.50pm
28 th January, 2024 4 th Sunday in Ordinary Time (B) Parish Mass Book p59	
Saturday 5.00pm	For all the people of the Parish.
Sunday 10.30am	Gwen Cassidy, R.I.P. (Mary Henry)



If you hear the fire alarm leave by the nearest exit following the instructions of the fire marshals. The Assembly Point is in the car park

The Parish is part of the Archdiocese of Birmingham. Registered Charity No. 234216
www.birminghamdiocese.org.uk



An Induction Loop system is provided. Please switch Hearing-Aid to 'T'



BABY CHANGING UNIT
Provided in the disabled toilet.



Please switch off mobile phones when in Church. Thank you.

Last week's Offertory: £1,037.44 comprising: Gift-Aid envelopes: £112.00 non Gift-Aid envelopes and cash: £473.44 Direct Giving (Standing Orders and donations) around £452.00. Thank you.

Counters this week: Team B.

How's this for advance notice! Oscott, our Seminary for the Archdiocese offer open days on Sundays for parishioners to tour the college, meet the students, have a cup of tea and join in Evening prayer. We have been before, and I've booked the next available date for another trip – **21st April** There is a maximum of 50 people and closer to the time we'll start taking names.

Members of the LGBTQ+ their friends and family meet on the third Sunday of the month at St Patrick's Church, Deedmore Road CV2 2AA Age 18+

Sunday evening Mass in the Deanery. There is now a Sunday evening Mass at St Osburg's at 6.00pm. This is a Mass to serve the whole Deanery, as there has not been a Sunday evening Mass in Coventry for the last couple of years.

Sacred Heart online piety shop <https://sacred-heart-fundraising.square.site/>

7-Day Candles: 20th – 27th January

Sacred Heart: Alisha Family Protection.

Our Lady: Catriona Murphy, R.I.P.; Tincy Special Intention.

By the small Crucifix: Tessa Special Intention.

Please pray for Kathleen Griffin, Franc Bili, Eddie Cannon, Eileen Hardie, Joshua Hubert, Sue Thomas, Margaret Whittle and all who are sick, for the repose of the souls of Roseane Hart, Bob Haddock, Alan Westwood, Bridget Spencer, Philomena Moore and all who have died and for all whose anniversaries occur at this time. Please keep in your prayers the families of those who have died.

LiveSimply Prayer

Compassionate and loving God, you created the world for us all to share, a world of beauty and plenty. Create in us a desire to live simply, so that our lives may reflect your generosity. Creator God, you gave us responsibility for the earth, a world of riches and delight. Create in us a desire to live sustainably, so that those who follow after us may enjoy the fruits of your creation. God of peace and justice, you give us the capacity to change, to bring about a world that mirrors your wisdom. Create in us a desire to act in solidarity, so that the pillars of injustice crumble and those now crushed are set free. Amen.

Sacred Heart Prayer group meets every Tuesday evening in the hall at 7:30 pm. Everyone is welcome

Offertory Donations to the Parish The best way is by Standing Order (You can amend or cancel this with your bank at any time) **If you pay tax but don't yet Gift-Aid your donation, please ask for a form –** If you prefer to use the weekly offertory envelopes, please do ask.

Contemplative Practice

Some Descriptions

“Prayer is relaxing into the reality of being loved.”

Michael Paul Gallagher

“All I ask you is to look at him and to see how lovingly and humbly he is looking at you.”

Teresa of Avila

“To pray is to listen to the One who calls you my beloved daughter, my beloved son, my beloved child. To pray is to let that voice speak to the centre of your being, to your guts, and let that voice resound in your whole being.”

Henri Nouwen

“Silence is one of the most precious things in the human spirit It can be a homecoming to our own deepest belonging.”

John O'Donohue

“The gift and grace of contemplation is in receiving God's gaze. Love sees our nakedness, accepts us unconditionally, and empowers us to change.”

Richard Rohr

“An intimate sharing between friends..... Being alone with the One who we know loves us.”

Teresa of Avila